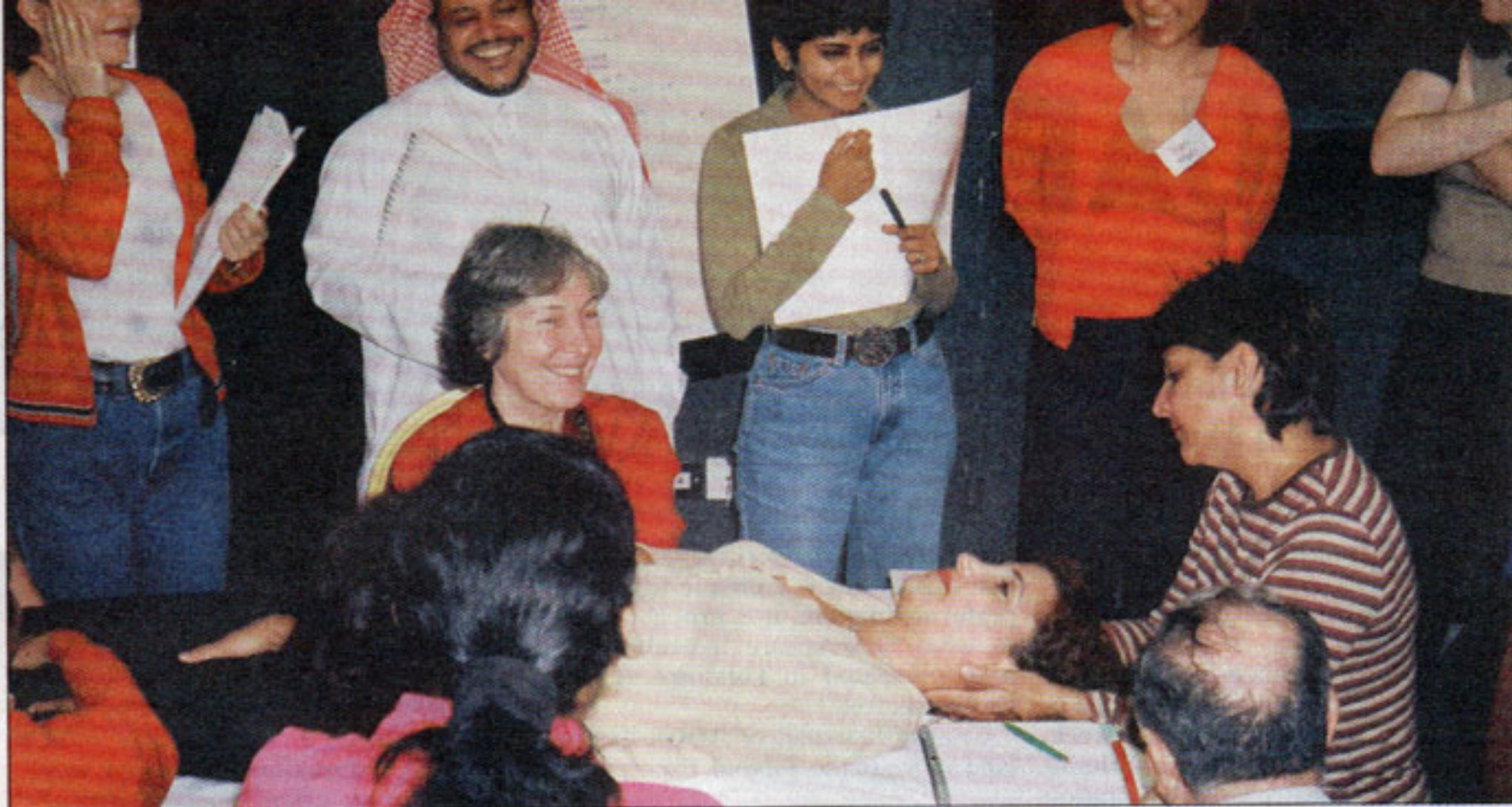


A day of service

World-recognised teacher of Jin Shin Jyutsu to hold free healing sessions in Dubai for special needs children



Jin Shin Jyutsu is a gentle non-invasive healing method which can be used by anyone, anywhere.

By Komal Jain Special to Gulf News

A primary teaching of all healing modalities is compassion, of which compassion towards human beings, especially those in need of special care comes foremost.

Philomena Dooley, one of the most senior teachers of Jin Shin Jyutsu (JSJ) worldwide, will be addressing the requirements of some special needs chil-

dren during her visit to Dubai. Philomena will hold sessions at the Dubai Autism Centre and Al Noor Training Centre for Children with Special Needs, where the special needs children will be given healing sessions by as many as 12 JSJ practitioners.

Philomena will be monitoring the work on all the children and will provide parents with daily healing advice. This will be a day of service with no charge whatsoever. Philomena will al-

so be holding a five-day basic seminar in JSJ. She has presented the Basic Seminar and many of the advanced special topic classes in several countries, and is one of the most highly respected and dearly loved teachers and practitioners of Jin Shin Jyutsu today.

JSJ is an ancient system of hands-on healing that has profound effects on the body and mind. It works along energy pathways that feed life into our body and in doing so, promotes balance, optimal health and well-being and supports our own profound healing capacity. Mala Jham, certified JSJ practitioner and a self-help instructor, also a participating healer in Philomena's sessions on special needs children, has been working with seven special needs children for a year.

"Initially, it would be difficult to complete the entire flow with these children, but holding even two or three points for half an hour has done wonders for them," she revealed. "In just three months, many of them had calmed down, their motor skills showing improvement as they were promoted to higher grades. A girl, with a per-

petual blocked nose, as she suffered from Down's syndrome, showed improvements in her breathing in just four sessions. These children love to receive treatments and today, when I visit them, they are ready to go and lie down on the bed without any tantrums."

"JSJ is a gentle non-invasive healing modality which can be used by anyone, anywhere. I feel it will be great for parents to use this simple art at home. This is our intention behind conducting this free service.

"Senior instructor Philomena Dooley will be educating the parents and showing them simple daily hands-on patterns they can use to help balance and harmonise the children's energy pathways, thus leading to improvement in the child's attitudes, mannerisms and emotional and mental states," she added.

"This will also help parents calm their children, especially when they go through mood swings. Parents can also teach the points to the children in a playful way so that they learn to do this on themselves."

JIN SHIN JYUTSU SEMINARS

FREE SERVICE

At the Dubai Autism Centre on March 1 from 4.30 to 6.30pm. At Al Noor Training Centre for Children with Special Needs on March 7, from 2.30 to 6.30pm. First priority for Al Noor student, reservations needed for others. Email: malajham@hotmail.com

FIVE-DAY BASIC SEMINAR

Tuesday to Saturday, March 2 to 7. From 9am to 6pm. This seminar is for new as well as review students. The fee includes: Participation in parts one and two of the Basic Seminar. The two textbooks that form the basis of

the training programme. Refreshments and lunch each day. You have to attend the full Basic Seminar at least once to participate in the Special Topic class. The fee covers lunch and refreshments.

OPTIONAL ONE-DAY SPECIAL TOPIC CLASS

Sunday, March 7, 9am to 12.30pm Topic: A Closer Look at the Spine Through the 7th Depth of Creation and the Main Central Vertical Flow.

Prior registration and payment is required for all workshops. Venue: Towers Rotana Hotel, Dubai.