

SEVA to the rescue

With the holiday season coming to an end, SEVA is all geared up to help UAE residents recuperate from their end-of-holiday blues. With the upcoming session to be held on Thursday, September 9, organizer, Mala Jham, hopes the clinic will be of service for those who have returned to their routines and are trying to cope.

“What with insect bites, change of weather illnesses and mental dullness that are so common among holiday returnees, SEVA healers are at hand to handle both physical and stress-related ailments” says Mala. “Our team of alternative therapy specialists such as reiki masters, Jin Shin Jyutsu practitioners, Kinesiologists, Pranic healers and energy workers look forward to providing the public with a range of therapies that helps to harmonize and balance clients on physical, mental, emotional and spiritual levels” she adds.

The free healing clinic will be held at the Al Noor Training Centre for children with special needs. Timings are from 1.30pm to 6.30 pm and the last appointment will be taken at 5pm. Clients may wish to stay on for the meditation at the end of the session. Those interested may email appointment requests to malajham@hotmail.com or healyourself@malajham.com