

# The healing touch

## Jin Shin Jyutsu expert Philomena Dooley comes to Dubai

Philomena Dooley is Irish. She lives in Colorado where she practices an ancient Japanese healing system to cure people. There is no medication involved here. Just concentration and the application of a centuries' old hands-on therapy called Jin Shin Jyutsu.

Dooley uses her hands. Perhaps more effectively than most. Her touch helps to unbolt the body's energy pathways thereby paving the way for better health. Both mental and physical.

Today, she is one of the three most renowned practitioners of Jin Shin Jyutsu in the world and this acclaimed energy healer is booked for Dubai early March.

It will be her second visit to the Emirate and the tremendous response she got here the last time around encouraged her to pack her bags and head here again.

"So successful was the simple touch technique called 'jumper cabling' on people with disturbed mental conditions and bodily problems, that over the last few decades, this system of alternate healing has spread its' wings all over the world. Dubai is no exception," says organiser, Mala Jham who along with the House



Philomena Dooley

Pic Courtesy: Cheryl Shepley

of Chi has laid out a detailed programme for Dooley's visit.

"We have announced a

5-day self-healing seminar from March 2 to 6, where people can register and actually learn the

benefits of this ancient

healing therapy from Dooley herself. The seminar will be conducted at

the Towers Rotana Hotel

and anyone is eligible to register," she said.

Dooley is also going to

dedicate two hours on March 1 for children at the Dubai Autism Centre and few hours on March 7 to work with children at the Al Noor Centre.

"Alternate medicine has proved very beneficial on children with mental and physical disabilities, specially autistic children," says Mala, herself an acclaimed Dubai-based Reiki healer.

"We find that following considerable healing sessions, these children respond very well. Their behaviour is less disturbing and their state of mind is calmer. It is absolutely essential to use the powerful techniques of Jin Shin Jyutsu to help such children. So this time, Dooley will meet with parents and personally teach them methods to relieve their offsprings of pain and angst that may accompany their condition."

But this healing system not only works in simple and chronic health problems, it is also very useful for healthy people as a means to continued health.

It helps develop your self-confidence, increase self-esteem and restore bodily balance, thereby promoting physical and mental health.

If you are interested in giving it a try you can call 050-6458293 or email [healyourself@malajham.com](mailto:healyourself@malajham.com)